

# Coaching and Review Tool

A simple framework to support leaders in the one to one coaching of individuals through a task

## Discipleship

- Start with the person - Eg What is God teaching you? – faith, devotion, prayer
- How are you going? – self, spouse, family etc
- Updates, encouragement etc

## Focus on Task

1. What are you doing well?

- Get them to describe well..... Anything else? What else?....

2. What do you believe you could do differently?

- Delay until well covered ..... The better explored the less you need to identify

3. What I believe you could do differently is .....

- Focus on specifics

4. What I see you doing well is .....

- Focus on specifics

5. Action Plan and Follow up

- Specifics for follow up next meeting

NB For explanation on how to use this simple coaching framework please don't hesitate to contact us at [info@cmd.training](mailto:info@cmd.training) or the website below.